THE KIBBUTZ MOVEMENT

Beginning in 1882, large groups of Jews began arriving in the Land of Israel—then called Palestine. Moving
to Israel is known as making aliyah, literally meaning 'going up' like an 'aliyah l'Torah.' Jews of the First Aliyah
were mostly families from Eastern Europe and Yemen looking to settle and work the adjective
land. Those who joined the Second Aliyah were largely, secular Jews escaping anti-
Semitism in Eastern Europe.
In 1909, a group of 12 people who had already proven themselves as determined and hard workers,
convinced the Jewish National Fund to purchase some for them, south of Lake Kinneret.
They called their new home 'Degania.' Despite the harsh conditions, the chalutzim—pioneers were able to
make the and create a new way of living: plural object found in a restaurant
place adjective plural object found in a restaurant were eaten together, jobs were rotated, and everything about their lifestyle was communal. They called
this new way of living a 'kvutsa.' As kvutzot became more popular, they were expanded to create a 'kibbutz'
meaning 'gathering.' The main difference between the two was that a kvutsa had 10s of people, while a
kibbutz had 100s of people.
Kibbutzim are unique to Israel and captured the and of many; plural noun of many; even the first Prime Minister of Israel, , retired to Kibbutz Sde Boker in the Negev
even the first Prime Minister of Israel,, retired to Kibbutz Sde Boker in the Negev
Desert! Even though kibbutzim have evolved over time, they can still be found all across the country and
have played an important role in Israel's development.
Today, most kibbutzim look quite different; as opposed to sharing everything, many people own their own
homes, where they eat meals as a family and not with the rest of the community. Whereas once kibbutzim
focused on and, today many house factories or work in tourism,
with a hotel on the kibbutz. If you lived on a kibbutz, what would you contribute to the communal living?



ISRAELI BIRTHDAY PARTY

My friends and I love birthday parties, so we decided to throw one for Israel celebrating Yom Ha'atzmaut,
Israel's Independence Day. To give it an Israeli twist, we explored what normally happens at
in Israel. Then, we were ready to get started!
First, we decorated the room in Israel's colors—blue and white—and hung
and saying <i>Yom Huledet Sameach</i> , Hebrew for 'happy birthday.' We even put up
images of different regions of Israel, such as waterfalls from the North and desert
landscapes from the South. We made sure Israeli music was playing as our guests arrived, especially songs
by our favorite Israeli pop duo, and and **name of famous singer** *name for a pet**
In Israel, the birthday person wears a crown of flowers at the party, so we each made our own. All it takes is
some and, as well as leaves and flowers for decoration.
We all took selfies wearing our new and shared them on Instagram.
At the, we took turns being lifted up on a chair by our friends while we place nearby your home
and sang Israeli birthday songs. My favorite was <i>Eifo Ha'Ugah?</i> meaning 'Where is verb, past tense
the Cake?' That reminded us to bring in the huge we had baked and frosted with the dessert
map of Israel. We counted out, placed on the cake, and carefully lit the candles. Together, we blew out the
candles and each made a birthday wish. What would be your wish for Israel this year?



FRIDAY AT THE SHUK

On Friday morning, we went to Machane Yehuda Market, or the *shuk*, in Jerusalem. I didn't know what to expect...

The second I entered the ______, all my senses sprung to life. Vendors were shouting out

'An-a-vim; juicy, sweet grapes, 5 shekels for a bunch.'

'Fresh baked Challah, 15 shekels each.'

'Ag-va-nee-yot; the best and cheapest tomatoes you'll find.'

place in your town	
what they were selling—so loudly that my rang rang	and I didn't know where to go first.
The colors of the fruits, vegetables, nuts, and OMG—the	——————————————————————————————————————
even drooled a little. Everything smelled so and adjective	although I held
my breath when I found myself in the section.	
I tried to hold myself back from touching everything, but I just had to	o feel certain that that
I had never even seen before. Watch out for the sabra fruit though,	it's prickly! Some vendors even gave
free samples. I had never had chalva before—who knew sesame see	eds could be so tasty?!?
I heard that once the vendors close their stalls, the graffiti art on the	e can be seen, the
bars open, and the <i>shuk</i> is one of the most vibrant nightlife scenes in	
word <i>balagan</i> , meaning 'crazy, chaotic situation,' when I tried to buy	*
heading home. It was so cool to see how people shop at the shuk to g	get ready for fun social event
It's hard to imagine that throughout Shabbat this whole place is clos	sed and quiet. I wonder if it is more
relaxed the rest of the week or just as awesome? I guess I'll need to	go back again to find out! What would
you buy from the <i>shuk</i> to take home for Shabbat?	



EASY HUMMUS RECIPE

Many call hummus the national food of Israel. The country is filled	
of hummus with a variety of extras. Hum	nmus can be an appetizer, a side dish, or a meal; it all depends on
how you are! Arab cuisine features humr	mus, and Israel and neighboring Arab countries have long tussled
over who makes it the best. Lebanon even asked the European U	nion to recognize hummus as a uniquely Lebanese dish—but
that hasn't stopped Israeli from competit	ng to win the Guinness Book of World Records' recognition as the
makers of the largest platter of hummus.	
Adapted from Zahav, by Serves 8	
Ingredients:	
16 oz can of	½ tsp ground cumin, more to taste
Juice of 1 ½ large (about ½ cup)	Sweet paprika, for garnish
2 to 4 cloves garlic, grated	
1 ½ tsp kosher, more to taste	Olive oil, for serving
1 cup sesame tahini paste	Chopped fresh parsley, for garnish
Instructions:	
Drain the and place in a bowl.	
Make the tahini sauce. In a blender, combine the	juice, garlic, and ¼ teaspoon of
Let mixture sit for 10 minutes. Add tahini paste, 1 ½ teaspoons of	*
% cup ice water while blender is running, a little at a time, until sat	uce is smooth. You're looking for a,
sauce.	adjective
adjective sauce.	
Add the chickpeas to blender with tahini mixture. Blend until smo	oth and not grainy, stopping to scrape down the sides of the bowl
occasionally. This blending may take upwards of about	minutes; just keep going until the mixture is creamy
and fluffy, adding water if necessary. Taste for seasoning; add more salt, lemon juice, and/or cumin as needed. To serve, spread the	
hummus on a plate, with sweet paprika,	drizzle with olive oil, and sprinkle with parsley. Store in an airtight
container and refrigerate up to one week.	



DECLARATION OF INDEPENDENCE

Standing on a large sand dune in April 1909, the first families of the city that would become
drew lots to divide up the land. The place where they were standing became the
house of the first mayor of Tel Aviv, **name of pet**
On May 13 th , 1948, 400 people were invited to attend a to establish the Jewish
State the following day. The site: the very same spot where Tel Aviv was first founded, now an art
museum and perfect for an event of this kind. Its large, open space and thick walls with narrow and
high windows resembled amimportant for protecting guests from the War of $place$
Independence that had begun six months earlier. Guests were asked to dress smartly, arrive on time at
3:30pm, and, most importantly, keep it a secret—but that didn't happen! Large crowds of people were
lining the street outside ready to witness history.
The next day, Friday afternoon, May 14 th , 1948, guests were seated for David Ben- Gurion to begin the ceremony promptly at 4pm so that everyone would be able to get home before the
start of Shabbat. David Ben-Gurion read the, establishing a Jewish State to be known favorite book or story
as the State of Israel. Then, said the Shehechiyanu blessing, and the audience
stood up and sang, 'The Hope,' Israel's newly appointed national anthem. The
played along from the floor above, as there was no room for them in the main
hall. The whole ceremony took just 32 minutes and was recorded and broadcast live on Kol Yisrael (The
Voice of Israel) radio station. Thousands of people and in the in the
streets outside, and Jews around the world celebrated the first sovereign Jewish state in nearly 2,000 years.
Today, tourists from near and far visit Independence Hall to connect with this historic moment. There,
you can $\underline{\hspace{1cm}}$ a recording of Ben-Gurion reading the Declaration of Independence and
consider the aspirational goals upon which the Jewish State was founded. What might you include in a
Declaration of Independence for the State of Israel?



DIG FOR A DAY

In Beit Guvrin National Park, in the center of Israel, lies one of Israel's many 'tels.' A tel is a mound of
hill made up of layers of civilization built on top of each other. Tel Maresha is where the ancient city
of lies buried. To go back in time and discover what once existed, we need to go underground.
It's not that people in those days lived underground; rather, in ancient times, people built with the
natural resources they had at hand. In, they built with wood; in Israel, they built
with stone. People dug into the ground and quarried out large stones for bricks. Once they had built
their above ground, they realized they had a huge hole under their house, which
was perfect to create a These underground basements were cooler during the
summer and warmer in the winter than above ground, making them great for storage and other
uses, such as a workspace for pressing or a columbarium (a structure where or doves are raised and kept).
About 2200 years ago (approximately the time of the Chanukkah story), a bizarre situation happened—
for the first and only time in Jewish history. The at the time wanted to live only
among Jews, and began converting everyone in the neighborhood. Those who wouldn't convert had to
Not wanting anyone else to live in their houses, they packed what they could take $\frac{verb}{}$
with them by hand and destroyed the rest, dumping all the into their basements.
Today, you can go on an archaeological dig there, basically excavating a 2200 year old garbage dump!
You might find or, and sometimes people even strike gold sports equipment type
or silver/bronze/copper/glass—though unlikely, as they took theirpossessions
with them. None of what is found has been "planted there" so if you find something, you'll be the
first person in 2200 years to touch it, and it will get washed, recorded, and analyzed. What from your
bedroom, school, or home would you leave behind for someone to discover generations from now?



A TRIP TO THE DEAD SEA

During our trip to Israel, we went to visit the Dead Sea. It was a hot day, and I was really looking forward to
chilling at the beachbut I discovered that the Sea is no ordinary sea or beach! It is the adjective
lowest point on Earth, so expect your to pop on the way there and back.
The Hebrew name for the Dead Sea is Yam HaMelach—the Sea of Salt. In the Bible,
warned his relative, Lot, that the city in which he lived,, near the shore of the Dead name of city
Sea, would be Lot was to leave with all of his family and possessions and not look verb, past tense
back. However, his wife turned around while the city was being destroyed and was turned into a pillar of
! Indeed, while a 'normal sea' has a 3% salt concentration, the Dead Sea has 33%.
We changed into our and headed down to the Due to the levels of place you hang with friends.
salt, we were careful not to splash so water wouldn't go into our or anyone else's. I had body part
heard that people float in the Dead Sea—and turns out, it's true! You just walk in, lie back, and float! Some
people even a newspaper while floatingalthough that might just have been for a cool verb
photo on Instagram. You know how you aren't allowed to pee in a pool or lake? Same goes at the Dead Sea,
but for different reasons: it burns! We were even warned not to fart in there as it can hurt.
The area around the Dead Sea is flush with and other minerals. Before arriving in the
area, I removed all of my jewelry so that it wouldn't get discolored. The minerals are known to be really
great for your skin, so I joined others in digging mud out of the ground and spreading it all over myself. It
was kind of gross but really fun. Once it dried, I rinsed it off, and my skin felt so adjective
Going to the Dead Sea was a really unique experience. What is something you've experienced that
surprised you or exceeded your expectations?



ISRAELI ELECTIONS

I happened to be in Israel during the last, and I	finally feel like I understand how its democratic
system works. It is totally different from what I knew about the Americ	
The most obvious difference is the number of political dozens of parties hoping to get the vote. Each party makes a list of the become the jobyou wanted as a small child ifwell, we'll get to that!	
On election day, Israeli citizens above the age of 18 can vote at their lo	ocal polling station—which is normally a
school and the students have the day off. I went with my cousin who	was voting, and I couldn't believe how many
were outside, there to convince the public to volume I was their age, I didn't know anything about what the different parties they were and how much they care!	
After checking in, you receive an envelope and go into aadjectiv	polling booth. On the table in front
of you are different piles of, each represe slip of paper that you can choose if you don't believe in any of the par	nting a different party. There is even a blank ties running for government, but still want to
make a point of your democratic right to vote. _verb, ending in -ing envelope, and then put your envelope in a special box. That's it—your	vote is cast.
The part is what happens once the votes are congovernment, known as the Knesset. Israel uses 'proportional represer of seats in the Knesset according to the percentage of votes they get in	ntation'—meaning that a party gets the number
'passes the threshold' and gets the minimum number of	required. For any party to hold the
majority place in the government, they need to win at least	seats, but that has never happened
in Israeli history! Instead, multiple parties need to get together to forn	
A coalition is when different parties agree to an an	
party will join a coalition if there is also something in it for them such	as an important position in the cabinet.
Like other countries, Israel's government debates issues and ideas that reflect the tension between being both a Jewish and democratic state. Knesset debate?	·



BEACH CULTURE IN ISRAEL

The beauty of Israel resting by the Mediterranean Sea is the sheer number of beaches that we have. The
Mediterranean coastline is just one There are amazing beaches around the Kinneret
(Sea of Galilee)—although more pebbles than sand—the Dead Sea, and the Red Sea.
Israelis take beach life seriously is an example of a passion and hobby that flourishes
on or near the beach. The is an awesome place for surfing, swimming, paddle noun
boarding, boating, and all kinds of water sports. There are coral reefs in the Red Sea
in the south near Eilat, which makes for a stunning snorkeling experience—and that's just in the water!
There are beachfront boardwalks, perfect for walking, running, or bikingor just for chilling, getting a
or, and watching the world go by. In recent years, outdoor gyms favorite drink favorite food
have appeared by the more and more. It's great to work out and then relax and cool
off in the sea.
You might think you need to be careful in the sea—if the current is too strong, or if it is
season—but a more imminent danger is being caught in the 'crossfire' of matkot (paddle balls). On the
beach, it feels like it is Israel's national sport! I can't even imagine a time at the beach without hearing the
sound of rubber balls hitting on paddles.
It's not all sports though. I love in the sand, building or trying to plural noun
create a sand sculpture. The vibe is always fun with music being played, and the best is when you hear
vendors calling out 'artik!' I always buy an 'artik' or popsicle, on a hot, summer day.
I'm so lucky that I live so close to the beach! If you were here, what would you do at the beach?



WATER IN ISRAEL

Growing up, I was always told that Israel has a water shortage, but recently I heard that Israel now has an abundance of
Is that true? What changed?
Well, to be fair, Israel had and still has a shortage of freshwater. Israel draws its freshwater from two sources: the Kinneret
(Sea of Galilee) or by down into aquifers, which are large underground stores of water. Both of these sources are reliant on, and since it doesn't usually rain for most of the year in Israel, Israel had a water shortageand needed to think outside the box.
To start, Israelis got really good at being water conscious and conserving water wherever they could: turning the tap off
while brushing their or switching off the when soaping up, etc. But that wasn't enough, and Israel needed more of a plan.
In the 1950s, drip irrigation technology was developed. Rather than running sprinklers over and all the time, rubber hosing with small holes meant that just the right amount of water went exactly where it needed to go. As well as using less, it also produced more crops. Today, you can see examples of drip irrigation all over Israel, and the technology has been used all over the world to help in countries where drought strikes.
Drip irrigation was a great way to make more efficient use out of the water that Israel has—but how do you create more
water? Israel is leading the way through water reclamation or recycling water, and desalinization.
Israel recycles over 85% of its water; the next best to reclaim water is Spain, which recycles just to recommend
under 20%—quite a difference! Recycled water that has been used for showering or even from the
Desalinization is taking salt water from the, for example, and removing thespice so that it becomes like freshwater. Israel has a number of desalination plants along the coast and is a world leader in
this field. Israel is also using this knowledge to help other countries in the world who are in need. Israel is even using this
technology and desire to help others as a way to build relationships with countries with whom it doesn't have diplomatic
relations—yet! In short, in the past seven decades, Israel has totally changed its water situation and is hoping to do the
same for the world. What are some ways that you try to conserve water?



A VISIT TO PARK ARIEL SHARON

Just outside of Tel Aviv is a,	shaped mound. This used to be
called the 'Hiriya' and was a huge garbage dump site. 'Hir' means go	ood in Arabic, as this was once good
land for The early pioneers needed a garbage was convenient to the growing towns in the coastal plain.	dump near the village of <i>Hir</i> , as it
As time went by and communities grew, so did the mound of trash	, turning into a mountain. Everyone
knew that when you drove out of Tel Aviv and past the	
plural noun, posing a dangerous threat to	
flying to Israel that the <i>Hiriya</i> closed down. Beyond that, it was a m	ajor environmental problem, with
rotting garbage seeping into the groundwater and a build up of un	stable gases underground.
After years of cleaning up the damage and figuring out how to turn usable ethanol, the old garbage dump has been transformed into	n the gases into adjective a gigantic, public park built out of
building materials and boasting flora native to trees, carob plants, rosemary bushes, and more. There is a huge, v	Israel, such as
people can enjoy a workshop and learn all aboutactivity	<u> </u>
This site has been renamed Park, in honor of to famous person decided that the former dump should become a park to be enjoyed.	he former Prime Minister, who d by all rather than using the land to
build a luxury housing complex. The park today is three times the	size of New York's Central Park!
It's amazing how having an awareness of the environment and ma	king environmentally friendly choices
has made such an impact and a difference in the area. What are yo	ou doing or could you be doing to
take better care of the environment?	



A VISIT TO THE OLD CITY

I was so excited to explore inside the ancient walls of the Old City of Jerusalem. As we walked through one of the seven
original, I learned that while what may lie inside is, the walls of the Old City
are 'only' 500 years old. That might sound like a lot to us, but for Israel, it's like they were built 'just yesterday!'
The Old City of Jerusalem is divided up into four quarters: Jewish, Christian, Muslim, and Armenian. One of the best places
to see all four quarters is from a really cool observation point on the From there you can see the
sacred sites for each religion, including the, the Temple Mount/Haram el Sharif, Al Aksa Mosque,
Church of the Holy Sepulchre, the Stations of the Cross, and more. While from above, each quarter looks different, down
on street level, they look quite similar. The everyday life of the Old City's residents seems to reflect the layers of history
upon which today's neighborhoods are built.
We started our tour by walking through the Armenian Quarter. They have some beautiful ceramic tiles and
things you make in an art class are a last than the food which are both food
important when seeing the sites on a hot day.
From there we walked to the Jewish Quarter, exploring both the museums in the basements of the buildings, as well as
the newer sites and stores. We ended our tour of the Jewish Quarter at the Kotel, or Western Wall. It was powerful to put a
in the Kotel and to think about our ancestors visiting the We were literally
walking in the footsteps of thousands of years of history!
A few minutes walk away from the Kotel we found ourselves in the Muslim Quarter. The colors and smells of what was
being sold and cooked there was The Muslim Quarter links to the Christian Quarter, which
seemed a little more and reserved in comparison.
As I all four quarters, I was fascinated by each quarter's unique identity and vibe, and the fact that
people of all faiths and backgrounds live side by side in this shared city. I tried to buy something small from each quarter.
What might you expect to find or buy as a souvenir from each of the four quarters of the Old City of Jerusalem?

